

Section 2:

COUNSELING AND SUPPORT SERVICES

ACTION Family Counseling

A Light of Hope Support Center

Anger Management Classes

Child & Family Center

Domestic Violence Center of Santa Clarita Valley

Food Pantries

Gay and Lesbian Association of Santa Clarita (GLASC)

Goodman Therapy

Grief Program, The

L.A. Gay and Lesbian Center Jeff Griffith Youth Center

L.A. Gay and Lesbian Center Kruks/Tilsner Transitional Living Program

Lutheran Social Services

Neighborhood Legal Services (Free Help with Domestic Violence Restraining Orders)

Neighborhood Legal Services (NLS) of Los Angeles County:

The Kinds of Legal Problems We Handle:

- Government Benefits
- Housing/Consumer
- Health Care
- Self-Help Centers
- Workers' Rights Self-Help Centers (employment and bankruptcy matters only)
- Family Law
- Employment

Parents and Friends of Lesbians and Gays (PFLAG)

Rosanna M. Santos, MA, MFT

St. Francis Psychotherapy and Counseling Center

SCV Pregnancy Center

StraySheep100

Teen Line (Hotline)

The Center for Adolescent and Family Health

The Valley Prevention and Treatment Center

Valley Community Clinic

Valley Family Center

Valley Trauma Counseling Center (VTCC)

AGENCY NAME:

ACTION FAMILY COUNSELING

MISSION STATEMENT:

We provide the highest quality chemical dependency, behavioral modification, and mental health treatment services, which are assessable and affordable to adults, adolescents, and their families. To assist those who are impacted by mental health illness and/or chemical dependency by decreasing the disease effects and promoting behavior change and providing support and education so that clients may obtain and maintain mental health stabilization abstinence from chemical dependency.

SERVICES:

Our program provides a comprehensive initial screening assessment, which is conducted to determine whether further assessment or review is needed. We initially screen for alcohol and other drug use, depression, traumatic experiences, anxiety, excessive worries/stress, self-harm, hyperactivity and psychotic symptoms, eating disorders, nutritional health, educational needs pain and conduct disorders.

AGE GROUP SERVED:

Adolescent and Adults

PHONE & FAX NUMBER(S):

Phone: (800) 367-8336
Fax: (661) 297-9701
24-hour Crisis Helpline: (800) FOR-TEEN

WEBSITE:

www.actionfamily.org

FEE FOR SERVICES:

All sites are cash pay or private insurance

HOURS OF OPERATION:

Hours vary at each site

CONTACT PERSON(S):

Cary Quashen, Executive Director

LANGUAGES SPOKEN:

English and Spanish

AGENCY NAME:

A LIGHT OF HOPE SUPPORT CENTER (2 pages)

MISSION STATEMENT:

A Light of Hope provides hope, healing, and freedom from the effects of substance abuse or any other self-destructive behaviors, through Family and Individual Support. We offer groups and programs to assist in personal and family recovery, utilizing Support Groups, combined with an Alternative Peer Group Support System. This includes weekly support groups, and a safe and sober environment for fun, social events, and fitness activities.

SERVICES:

Support Groups Offered:

- Youth/Young Adults (13-30 years old)
- Family Members
- Caregivers
- Siblings
- Al Anon

Alternative Peer Group (APG) Weekly Activities:

- Mountain Biking (bikes and all safety riding gear provided)
- Hiking
- Barbeques
- Broomball
- Capture the Flag
- Many other weekly events and activities

Services Offered:

- Evaluation/Treatment and Support Plans
- Support Groups
- Sober Activities
- Counseling Referrals
- Inpatient Treatment Referrals
- Sober Living Referrals

AGE GROUP SERVED:

Youth and Young Adults (13-30 years old and their family members/caregivers)

PHONE & FAX NUMBER(S):

Office Phone: (661) 513-HEAL (4325)
21618 Golden Triangle Road, #207
Santa Clarita, CA 91350

WEBSITE:

www.alightofhopescv.org
heal@alightofhopescv.org E-mail

A LIGHT OF HOPE SUPPORT CENTER (cont'd)

FEE FOR SERVICES:

Intake new participants: \$50
Skype Program for Parents with Kids in Rehab Inpatient Treatment (Lifeway – Texas): \$30 a session
All other groups, services are free, and many APG activities are free or minimal cost.

HOURS OF OPERATION:

Mondays: 7:30 p.m. – 8:30 p.m.
- AL-ANON for Parents/Siblings/
Caregivers, Room #207
Thursdays: 7:30 p.m.-8:30 p.m.
- Youth, Young Adults (13-30 years old,
Room #105
- Parents/Siblings/Caregivers, Room #207
Fridays/
Saturdays: - Mountain Biking/Hiking – Saturday
mornings – times vary
- Social Events – Friday/Saturday Nights –
times vary, as per each event

CONTACT PERSON(S):

Tim Traurig, President
TimT@alightofhopescv.org

Kathy Boyer, Chairperson of the Board
KathyB@alightofhopescv.org

LANGUAGES SPOKEN:

English

ANGER MANAGEMENT CLASSES (2 pages)

A Second Wind Violence Prevention Project

18333 Dolan Way, Suite 201
Santa Clarita, CA 91351
(661) 251-4878

Services: 52-week domestic violence classes.
Fee: Sliding scale.
Type of clients: All.
Other: English and Spanish classes.

Domestic Violence Center (DVC)

(661) 259-8175

Services: "Battered Group" for victims only.
Fee: Free.
Type of clients: All.
Other: English and Spanish.

Emerge From Anger

25050 Peachland Avenue, Suite 255
Santa Clarita, CA 91321
(661) 255-6634

Services: Anger management classes, domestic violence classes, parenting classes, and moderate sex offender classes.
Fee: \$35 per class and sliding scale fee. No insurance is taken for classes; however, insurance for individual counseling is taken.
Type of clients: Court ordered and non-court ordered.
Other: No Spanish classes.

St. Francis Psychotherapy and Counseling Center

25050 Avenue Kearny, Suite 101
Santa Clarita, CA 91355
(661) 294-2880

Services: Individual, family, marital, and group psychotherapy for children, adolescents, and adults. Current programs include: Tools for teens, life management skills group, and anger management.
Fee: Sliding scale.
Type of clients: All. No counseling services for children under 10 years old.
Other: By appointment only.

ANGER MANAGEMENT CLASSES (cont'd)

The Valley Prevention and Treatment Center
27225 Camp Plenty Road, #70
Santa Clarita, CA 91351
(661) 251-1023

Services: Individual, couples, family, children, and teen counseling. We specialize in the treatment of abuse and neglect.

Fee: Victims of Crime (state funded for victims of abuse or violence). Private insurance, Medi-care, sliding fees starting at \$40 per session.

Type of clients: All.

Other: English and Spanish classes.

AGENCY NAME: CHILD & FAMILY CENTER

MISSION STATEMENT: The Child & Family Center builds healthy communities by providing mental health and behavioral services to children, adults, and families.

SERVICES: Mental Health treatment services for children, teens, young adults, parents, and families; school-based mental health treatment services; substance abuse treatment services for teens; and preschool/childcare services for those who are working, but have very limited incomes and a need for such services.

AGE GROUP SERVED: Primarily birth to 25 years old, but some adults, as well.

PHONE AND FAX NUMBER(S): Phone: (661) 259-9439
Fax: (661) 222-7709
21545 Centre Pointe Parkway
Santa Clarita, CA 91350

WEBSITE: www.childfamilycenter.org

FEE FOR SERVICES: Sliding scale, based on ability to pay. However, most clients qualify for Medi-Cal and other government-funded services.

HOURS OF OPERATION: 8:00 a.m. - 8:00 p.m.

CONTACT PERSON(S): Case Manager on duty

LANGUAGES SPOKEN: English and Spanish

AGENCY NAME:

**DOMESTIC VIOLENCE CENTER OF
SANTA CLARITA VALLEY**

MISSION STATEMENT:

To Promote and Preserve Non-Violent, Non-Abusive Family Systems.

SERVICES:

Emergency shelter, 24-hour crisis hotline, advocacy, women's support groups, crisis intervention, individual counseling, children's therapy, legal service referrals, court approved batterer's program, community outreach education, community service program, teen/youth services "Hurt No More," community outreach and education on teen dating violence.

AGE GROUP SERVED:

All

PHONE & FAX NUMBER(S):

Office: (661) 259-8175
24-hour hotline: (661) 259-HELP (4357)
Teen hotline: (661) 254-TEEN (8336)
Fax: (661) 259-1194

WEBSITE:

www.domesticviolencecenterdvc.org

FEE FOR SERVICES:

None

HOURS OF OPERATION:

Monday-Friday, 9:00 a.m.-5:30 p.m.
24-hour hotline, shelter services: 24 hours/7 days a week

CONTACT PERSON(S):

Shannon Fors, Director of Operations
Jorja Harris, Domestic Violence Advocate and Facilitator

LANGUAGES SPOKEN:

English and Spanish

FOOD PANTRIES

Grace Baptist Church
22833 Copper Hill
Santa Clarita, CA 91350
(661) 296-8737

Emergency food for families and individuals. You do not have to be a member of the church to receive emergency food.

Hours:
Tuesday, 10:00 a.m. – 12:00 p.m.

SCV Food Pantry
24133 Railroad Avenue
Santa Clarita, CA 91321
(661) 255-9078

Emergency food for low-income families and individuals. Please bring photo ID, proof of income, and proof you reside in Santa Clarita. English- and Spanish-speaking staff available.

Hours:
Monday – Thursday, 9:00 a.m. - 12:00 p.m.
First Saturday of the month, 10:00 a.m. - 12:00 p.m.
Third Friday of the month, 9:00 a.m. - 12:00 p.m. (for senior citizens only)

Help the Children Food Bank
25030 Avenue Tibbitts, Suite L
Santa Clarita, CA 91355
(661) 702-8852
www.helpthechildren.org

Families, individuals, and senior citizens can sign up to receive food and clothing. A photo ID and proof of income is required to receive these services.

Depending on family size, one box is allowed for every two residents in the household. In keeping with our policy of providing a hand up, families contribute \$4 per visit (seniors contribute \$2 per visit). Then they shop the shelves once a week for the products their family needs, such as produce, bakery items, milk, dairy products, cold cuts, canned food, pasta, rice, beans, cereals, nutrition bars, personal hygiene, household items, baby food, laundry, and snacks. In addition, registered families, individuals, and senior citizens can receive clothes and shoes for \$.25 to \$1.00 a piece.

Hours:
Food Distribution: Monday – Friday, 8:30 a.m. – 3:00 p.m. / Saturday, 9:30 a.m. – 11:30 a.m.
Volunteers: Tuesday/Thursday, 5:00 p.m. - 7:30 p.m. / Saturday, 8:30 a.m. – 12:00 p.m.

AGENCY NAME: GAY AND LESBIAN ASSOCIATION OF SANTA CLARITA (GLASC)

MISSION STATEMENT: GLASC is a social group in the Santa Clarita Valley that meets for fun and friendship in a safe and friendly environment. We currently have over 200 members made up of men and women of all ages, singles, and couples.

SERVICES: You are welcome to attend our weekly dinners at local restaurants. We also have monthly parties that are usually held at members' homes, as well as other events, such as museum visits, hikes, or at the theatres.

AGE GROUP SERVED: 18 years old and older, or minors, escorted by parents or legal guardian

PHONE & FAX NUMBER(S): None

WEBSITE: www.glasc.com

FEE FOR SERVICES: Annual membership fees are \$15 for individuals and \$25 for couples. (Membership restricted to adults or emancipated minors at least 16 years old.)

HOURS OF OPERATION: N/A

CONTACT PERSON(S): contact@glasc.com or mail us at
P.O. Box 800413-0413
Santa Clarita, CA 91380-2563

LANGUAGES SPOKEN: English

AGENCY NAME: GOODMAN THERAPY

MISSION STATEMENT: To improve the mental health of families of Santa Clarita.

SERVICES: Individual, couples, family, and group therapy.

AGE GROUP SERVED: 5 years old and up

PHONE & FAX NUMBER(S): (661) 932-8200 or (323) 839-9874

WEBSITE: Donaldgoodman05@aol.com

FEE FOR SERVICES: Sliding scale

HOURS OF OPERATION: 7 days per week and by appointment only

CONTACT PERSON(S): Donald Goodman, LCSW

LANGUAGES SPOKEN: English

AGENCY NAME: THE GRIEF PROGRAM

MISSION STATEMENT: To help hurting people cope with the loss of a loved one, a break up, or any other significant emotional loss.

SERVICES: Personal counseling, groups.

AGE GROUP SERVED: 14 to 21 years old

PHONE & FAX NUMBER(S): (661) 733-0692

WEBSITE: www.TheGriefProgram.com

FEE FOR SERVICES: As agreed

HOURS OF OPERATION: By appointment

CONTACT PERSON(S): Jeff Zhorne, Director

LANGUAGES SPOKEN: English

AGENCY NAME: L.A. GAY AND LESBIAN CENTER JEFF GRIFFITH YOUTH CENTER

MISSION STATEMENT: The Youth Services Department is dedicated to supporting the well-being of lesbian, gay, bisexual, transgender, and questioning youth by providing essential human services, and by increasing public understanding and awareness of the challenges facing LGBTQ youth.

SERVICES: Jeff Griffith offers a safe and affirming environment, and provides basic life sustaining and recreational services. Services include: breakfast, lunch, dinner, showers, laundry, clothing, computer lab, case management, counseling, support groups, art/music groups, GED preparation program, career development, HIV preparation program, recreational activities, and special events participation.

AGE GROUP SERVED: 18-24 years old

PHONE & FAX NUMBER(S): Phone: (323) 860-2280
Fax: (323) 308-4479

WEBSITE: www.laygaycenter.org

FEE FOR SERVICES: None

HOURS OF OPERATION: Monday - Friday
8:30 a.m. - 5:30 p.m.

CONTACT PERSON(S): Simon Costello, Program Manager

LANGUAGES SPOKEN: English and Spanish

AGENCY NAME: L.A. GAY AND LESBIAN CENTER KRUKS/TILSNER
TRANSITIONAL LIVING PROGRAM

MISSION STATEMENT: The Youth Services Department is dedicated to supporting the well-being of lesbian, gay, bisexual, transgender, and questioning youth by providing essential human services, and by increasing public understanding and awareness of the challenges facing LGBTQ youth.

SERVICES: Operates a 24-bed, 18-month program designed to help at-risk lesbian, gay, bisexual, transgender, and questioning youth transition from street-life to independent living. A 4-bed, coed room that provides a safe and supportive overnight by night stay for LGBTQ youth, with an overall goal to move the client into a transitional living program (K/T house).

AGE GROUP SERVED: 18-24 years old

PHONE & FAX NUMBER(S): Phone: (323) 993-7450
Fax: (323) 308-4482

WEBSITE: www.lagaycenter.org

FEE FOR SERVICES: None

HOURS OF OPERATION: 24 hours a day / 7 days a week

CONTACT PERSON(S): Lisa Phillips

LANGUAGES SPOKEN: English and Spanish

AGENCY NAME: LUTHERAN SOCIAL SERVICES

MISSION STATEMENT: Showing the love of Christ through acts of service to others.

SERVICES: Case management, job seeking, and resume writing assistance, counseling, move in/rent assistance (very limited funds), emergency shelter for CalWorks families, eviction prevention.

AGE GROUP SERVED: 18 years old and older

PHONE & FAX NUMBER(S): Phone: (661) 298-8972
Fax: (661) 298-9568

WEBSITE: www.lsssc.org

FEE FOR SERVICES: None. Sliding scale for job counseling services.

HOURS OF OPERATION: Monday, Wednesday, Thursday, and Friday, 8:30 a.m.-4:30 p.m.

CONTACT PERSON(S): Linda Malerba, Director
lmalerba@lsssc.org

Oscar Hernandez, Case Manager
ohernandez@lsssc.org

LANGUAGES SPOKEN: English and Spanish

AGENCY NAME: NEIGHBORHOOD LEGAL SERVICES (FREE HELP WITH DOMESTIC VIOLENCE RESTRAINING ORDERS)

MISSION STATEMENT: N/A

SERVICES: Help with: obtaining restraining orders, if someone has asked for a restraining order against you, or if you have a question about a restraining order hearing.

AGE GROUP SERVED: All

PHONE & FAX NUMBER(S): Office: (800) 433-6251

Locations:

Antelope Valley Courthouse
42011 4th Street, Room 3700, Third Floor, Lancaster
8:30 a.m. – 12:30 p.m. and 1:30 p.m. – 4:30 p.m.

San Fernando Courthouse
900 Third Street, First Floor, Room 1026, San Fernando
9:00 a.m. – 12:00 p.m.

Pomona Courthouse
400 Civic Center Plaza, Seventh Floor, Room 701, Pomona
9:00 a.m. – 12:00 p.m.

Van Nuys Courthouse
6230 Sylmar Avenue, Second Floor, Room 212D, Van Nuys
9:00 a.m. – 12:00 p.m.

WEBSITE: None

FEE FOR SERVICES: N/A

HOURS OF OPERATION: Monday-Friday

CONTACT PERSON(S): Tracy West, Executive Director or
Almira Agosto, Program Director

LANGUAGES SPOKEN: English and Spanish

AGENCY NAME: NEIGHBORHOOD LEGAL SERVICES (NLS) OF LOS ANGELES COUNTY (4 pages)

MISSION STATEMENT: N/A

SERVICES: Provides free legal services to low-income residents of the San Fernando, Antelope, San Gabriel, Santa Clarita, Pomona Valleys, and the cities of Glendale, Pasadena, and Burbank.

Legal issues handled are: community development, consumer, employment, family law, government benefits, health care, housing, immigration, and community legal education.

AGE GROUP SERVED: N/A

PHONE AND FAX NUMBER(S): Phone: (800) 433-6251
TDD: (818) 834-7575

Health Care Issues: (800) 896-3203
Mondays and Thursdays
9:00 a.m. – 11:45 a.m.

WEBSITE: None

HOURS OF OPERATION: Government Benefits:
Tuesday and Thursday 9:15 a.m. – 11:45 a.m.

Employment Community Development:
Monday – Friday 9:00 a.m. – 5:00 p.m.

Housing/Consumer:
Monday – Friday 9:00 a.m. – 5:00 p.m.

Immigration:
Tuesdays 1:30 - p.m. – 4:30 p.m.

CONTACT PERSON(S): N/A

LANGUAGES SPOKEN: English and Spanish

NEIGHBORHOOD LEGAL SERVICES (NLS) OF LOS ANGELES COUNTY (cont'd)

Who We Can Help

We provide free legal services to low-income residents of the San Fernando, Antelope, San Gabriel, Santa Clarita, and Pomona Valleys, and the cities of Glendale, Pasadena, and Burbank.

The Kinds of legal Problems We Handle

- **Community Development** – Starting nonprofit corporations, access to banking, financial literacy education.
- **Consumer** – Homeowner fraud and foreclosures; auto financing/repossession scams; debt relief; identity theft; vocational school fraud; wage garnishments; retail sales contracts and warranties.
- **Employment** – Wage claims, unemployment insurance, and criminal records clean up.
- **Family Law** – Family law issues for victims of domestic violence; restraining orders.
- **Government Benefits** – CalWORKs (AFDC/welfare); GAIN; Job Training; childcare; food stamps; general relief; In-Home Support Services; SSI; social security; state disability; unemployment insurance.
- **Health Care** – Access to quality medical care; Medi-Cal and related programs; HMO and Medi-Cal grievances; community health education. HOTLINE NUMBER (800) 896-3203.
- **Housing** – Evictions, landlord repairs; rent control; relocation benefits; government-assisted housing; homeowner issues.
- **Immigration** – Citizenship; adjustment of status; family petitions; Violence Against Women Act cases; victims of trafficking.
- **Community Legal Education** – Legal rights materials and presentations available in all of the above areas.

PLEASE CALL THE NLS HOTLINE (800) 433-6251 / TDD: (818) 834-7575, FOR HELP WITH:

Government Benefits: Tuesdays and Thursdays, 9:15 a.m. – 11:45 a.m.

Housing/Consumer: Mondays, Tuesdays, Thursdays, and Fridays, 9:15 a.m.–11:45 a.m.

Call the Health Consumer Center, A Project of Neighborhood Legal Services with:

Health care issues at (800) 896-3203, Mondays and Thursdays, 9:00 a.m. – 11:45 a.m.

NEIGHBORHOOD LEGAL SERVICES (NLS) OF LOS ANGELES COUNTY (cont'd)

Self-Help Centers (provides legal information, not legal advice, for divorces, parental rights, child and custody visitations, and response to divorce or paternity)

Van Nuys Self-Help Legal Access Center

Los Angeles Superior Court – Van Nuys Courthouse
Room A-100, First Floor, 6230 Sylmar Avenue, Van Nuys, CA 91401
Monday-Friday, 8:30 a.m. – Family Law Matters
Monday-Friday, 1:30 p.m. – Housing and Other Civil Matters
(closed Friday afternoons)

Pomona Self-Help Legal Access Center

Los Angeles Superior Court – Pomona Courthouse
400 Civic Center Plaza, 7th Floor, Pomona, CA
Monday-Friday, 8:30 a.m. – Family Law Matters
Monday-Friday, 1:30 p.m. – Housing, Family, and Other Civil Matters
(closed Friday afternoons)

Antelope Valley Self-Help Legal Access Center

Los Angeles Superior Court – Antelope Valley Courthouse
42011 4th Street West, 3rd Floor, Room 3700, Lancaster, CA 93534
Tuesday-Friday, 8:30 a.m.-4:30 p.m. – Family Law Matters
Tuesday-Friday, 1:30 p.m. – Housing Law
(closed Friday afternoons)

San Fernando Self-Help Legal Access Center

Los Angeles Superior Court – San Fernando Courthouse
900 Third Street, San Fernando, CA 91340 (In the Cafeteria)
Monday-Friday, 8:30 a.m.-4:30 p.m. – Family Law Matters
Monday-Friday, 1:30 p.m. – Housing Law
(closed Friday afternoons)

NEIGHBORHOOD LEGAL SERVICES (NLS) OF LOS ANGELES COUNTY (cont'd)

Workers' Rights Self-Help Centers

(Employment matters only)

Can't get an employer to pay your wages; not being paid for overtime hours; denied unemployment benefits; want to clean up your criminal record?

Pacoima Workers' Rights Center
13327 Van Nuys Boulevard, Pacoima, CA 91331
Saturdays, 9:00 a.m.

Glendale Workers' Rights Center
1104 E. Chevy Chase Drive, Glendale, CA 91205
First and Third Tuesday of the Month, 5:00 p.m.

El Monte Workers' Rights Center
9354 Telstar Avenue, El Monte, CA 91731
Wednesdays, 5:00 p.m.

(Bankruptcy matters only)

San Fernando Bankruptcy Court
The Clerk's Office
21041 Burbank Boulevard, Woodland Hills, CA 91367
Self-Help Desk Hours:
Mondays and Thursdays, 9:00 a.m. – 4:00 p.m. (except court holidays)

Note: The self-help desk will provide you with free legal information and access to reference materials.

AGENCY NAME: PARENTS AND FRIENDS OF LESBIANS AND GAYS (PFLAG)

MISSION STATEMENT: **Our Vision**
We, the parents, families and friends of lesbian, gay, bisexual and transgender persons, celebrate diversity and envision a society that embraces everyone, including those of diverse sexual orientations and gender identities. Only with respect, dignity and equality for all will we reach our full potential as human beings, individually and collectively. PFLAG welcomes the participation and support of all who share in, and hope to realize this vision.

Our Mission
PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. Parents, Families and Friends of Lesbians and Gays provides opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity.

SERVICES: Support group offered the 4th Wednesday of each month (except November and December) at St. Stephens Episcopal Church

AGE GROUP SERVED: All ages including teen, young adult, and adults

PHONE & FAX NUMBER(S): (661) 254-2177

WEBSITE: www.community.pflag.org

FEE FOR SERVICES: Free

HOURS OF OPERATION: 7:00 – 8:00 p.m.

CONTACT PERSON(S): Dave McEachern

LANGUAGES SPOKEN: English and Spanish

AGENCY NAME: ROSANNA M. SANTOS, MA, MFT

MISSION STATEMENT: Let's face it... life happens! When done with sensitivity and genuineness in the contained and safe environment I provide, therapy can be a highly useful tool to pry yourself loose from those 'stuck' places, so you can begin making safe, healthy, and effective choices for yourself, your family, and your future.

SERVICES: Rosanna's specialties include extensive therapeutic work with Adolescents and their Families, Couples, Trauma and Abuse Survivors, LGBT challenges, Life Improvement, Grief and Loss, Depression, and Anxiety

AGE GROUP SERVED: Children, adolescents, adults, and elderly

PHONE & FAX NUMBER(S): (818) 515-2441
23822 Valencia Boulevard, #204
Santa Clarita, CA 91355

WEBSITE: www.SafeAndHealthyChoices.com

FEE FOR SERVICES: \$150 per clinical hour
Accept Anthem Blue Cross insurance

HOURS OF OPERATION: Monday - Friday, 9:00 a.m. – 9:00 p.m.
Saturday, 10:00 a.m. – 5:00 p.m.

CONTACT PERSON(S): Rosanna Santos, MFT

LANGUAGES SPOKEN: English

AGENCY NAME:

**ST. FRANCIS PSYCHOTHERAPY &
COUNSELING CENTER**

MISSION STATEMENT:

When Experience Counts...Look To

St. Francis Psychotherapy and Counseling Center, established September 3, 1992, is a non-profit, self supporting, professional counseling center. Dedicated to providing counseling to all, regardless of religious affiliation, ethnicity or socio-economic status.

SERVICES:

We provide individual, family, couples, group psychotherapy for children, adolescents, & adults.

AGE GROUP SERVED:

All

PHONE & FAX NUMBER(S):

661-294-2880

WEBSITE:

www.stfrancispsycenter.org

FEE FOR SERVICES:

Sliding scale based on income

HOURS OF OPERATION:

By appointment

CONTACT PERSON(S):

Dr. Jane Teola, stfrancisct@aol.com

LANGUAGES SPOKEN:

English/Spanish

AGENCY NAME: SCV PREGNANCY CENTER

MISSION STATEMENT: The SCV Pregnancy Center exists to empower men and women regarding pregnancy related decisions through information, education and practical assistance.

SERVICES: Free pregnancy testing; limited ultrasound; personalized options assessments; classes for fist time moms include fetal development, labor and delivery information, early infant care, guest speakers and practical Life Skills including budgeting and many other relevant topics; Parenting Classes; Support groups for Teen Moms, Parents of Pregnant Teens and Post Abortion Care; Community referrals and additional support services available.

AGE GROUP SERVED: All

PHONE & FAX NUMBER(S): Client Services: (661) 255-0082
Administration: (661) 255-0084
Fax: (661) 255-0083

WEBSITE: www.scvpc.org

FEE FOR SERVICES: Free

HOURS OF OPERATION: Monday - Friday, 9:00 a.m.-5:00 p.m.

CONTACT PERSON(S): Angela Bennett, CEO

LANGUAGES SPOKEN: English and some Spanish

AGENCY NAME:

STRAYSHEEP 100

MISSION STATEMENT:

Going to the heart of gangs, graffiti, crime and drugs to demonstrate the love of God, offering hope and a future through a changed heart and transformed mind according to the life-changing Gospel of Christ Jesus that heals, frees and is able to do more than we could ask or imagine by His power that works in us.

SERVICES:

Building relationships with those associated with, related to, and involved in gangs, graffiti, crime and drugs to build trust, provide resources, and demonstrate a better way of life.

AGE GROUP SERVED:

Any, but focused on adults

PHONE & FAX NUMBER(S):

(661) 993-6343

WEBSITE:

www.StraySheep100.org

FEE FOR SERVICES:

Funded by individuals and groups by one-time, periodic and regular donations

HOURS OF OPERATION:

As needed

CONTACT PERSON(S):

Dave Rentz, Mission Team Director
dave@straysheep100.org

Dr. Mark Tatlock, Board Member
Senior VP AND Provost of The Master's College
www.mtatlock@masters.edu

Tony Inderbitzen, Board Member
President of Insurance Auto Collision Center
www.tony@autocollisioncenter.com

Betty Peters, Board Member
Executive Secretary of StraySheep100
www.bettyjpeters@ca.rr.com

LANGUAGES SPOKEN:

English

AGENCY NAME: **TEEN LINE**

PHONE & FAX NUMBERS: (800) TLC-TEEN / (800) 852-8336
Los Angeles area:
(310) 855-HOPE / (310) 855-4673

WEBSITE: www.teenlineonline.org

HOURS OF OPERATION: Teen listeners staff lines from 6:00 - 10:00 p.m. (PST) under the supervision of professional counselors. They do not offer therapy, advice, or ongoing relationships.

AGENCY NAME: THE CENTER FOR ADOLESCENT AND FAMILY HEALTH

MISSION STATEMENT: To provide outstanding mental health treatment to adolescents and their families.

SERVICES: Psychotherapy and psychoanalysis

AGE GROUP SERVED: 10 to 21 years old

PHONE & FAX NUMBER(S): Office: (661) 775-9438
Voicemail: (661) 478-0667

WEBSITE: Under construction

FEE FOR SERVICES: \$100/session
Sliding scale fee, down to \$60/session

HOURS OF OPERATION: Monday-Friday, 2:00 p.m. – 8:00 p.m.
Saturday, 10:00 a.m. – 1:00 p.m.

CONTACT PERSON(S): Dr. Leighton J. Reynolds

LANGUAGES SPOKEN: English and Spanish

AGENCY NAME: THE VALLEY PREVENTION AND TREATMENT CENTER

MISSION STATEMENT: To assist people break the cycle of violence and to attain a health, well-balanced life.

SERVICES: Individual, couples, family, children, and teen counseling. We specialize in the treatment of abuse and neglect.

AGE GROUP SERVED: From three years old and older

PHONE NUMBER: (661) 251-1023 / (818) 365-3827
27225 Camp Plenty Road, Second Floor, Suite 7D
Santa Clarita, CA 91351

WEBSITE: N/A

FEES FOR SERVICE: Victims of Crime (state funded for victims of abuse or violence). Private insurance, Medi-Care, sliding fees starting at \$40 per session.

HOURS OF OPERATION: 9:00 a.m. – 8:30 p.m. Monday - Friday
9:00 a.m. – 1:00 p.m. Saturdays

CONTACT PERSON(S): Sylvia Hernandez, Program Director
Aracely Vizcarra, Case Manager
Veronica Avalos, Case Manager

LANGUAGES SPOKEN: English, Spanish, and Hebrew

AGENCY NAME: VALLEY COMMUNITY CLINIC

MISSION STATEMENT: The mission of the Valley Community Clinic is to enhance the well-being of the community by providing high quality, culturally sensitive primary medical care and related healthcare services to those in need, regardless of their ability to pay.

We achieve our mission by providing a comprehensive array of services that includes primary and some specialty care, dental, optometry, pediatrics, women's health, counseling and health education with an emphasis on prevention.

SERVICES: Women's health, mammograms/PAP smears, exercise counseling, family planning, nutrition, health education, community outreach, sexually-transmitted disease testing/prevention/treatment, Healthy Families/Medi-Cal enrollment.

AGE GROUP SERVED: 19 and older

PHONE & FAX NUMBER(S): (818) 763-8836
6801 Coldwater Canyon Avenue
No. Hollywood, CA 91605

WEBSITE: www.valleycommunityclinic.org

FEE FOR SERVICES: Sliding scale (free and low-cost medical care and health services to uninsured and underinsured individuals and families)

HOURS OF OPERATION: Monday-Friday, 9:00 a.m. – 5:00 p.m.

CONTACT PERSON(S): N/A

LANGUAGES SPOKEN: English and Spanish

AGENCY NAME: VALLEY FAMILY CENTER

MISSION STATEMENT: N/A

SERVICES: The Valley Family Center is a counseling and education center that provides the following services:

Counseling
Individual and family, marriage and pre-marriage, at-risk youth, sexual abuse-children and teens, groups for children and teens, divorced and separated, seniors, grief, and adults molested as children (AMAC).

Special Programs
School counseling, parent education, corporate and school presentations, violence prevention, anger management, perpetrators of domestic violence, and victims of domestic abuse.

Educational Programs (at the Learning Center)
After-school tutorials, adult literacy and general education, basic typing and computer skills building.

AGE GROUP SERVED: 5 years old and older

PHONE & FAX NUMBER(S): Phone: (818) 365-8588
Fax: (818) 898-3382
302 S. Brand Boulevard
San Fernando, CA 91340

WEBSITE: www.valleyfamilycenter.org
E-mail: info@valleyfamilycenter.org

FEE FOR SERVICES: Sliding scale

HOURS OF OPERATION: Monday-Thursday, 9:00 a.m. – 8:00 p.m.
Friday, 9:00 a.m. – 2:00 p.m.

CONTACT PERSON(S): Sr. Carmel Somers, Executive Director

LANGUAGES SPOKEN: English and Spanish

AGENCY NAME: VALLEY TRAUMA COUNSELING CENTER (VTCC)

MISSION STATEMENT: VTCC is a non-profit, multicultural organization dedicated to the elimination of sexual and interpersonal violence through healing, empowerment and increased public awareness, and prevention strategies. We work with communities to provide quality crisis intervention and counseling services, training, prevention education to promote social change.

SERVICES: Prevention education/community outreach -provide programs on all forms of interpersonal violence. 24-Hour Crisis Hotline-provides information, referrals and crisis counseling.

Accompaniments - If someone has been assaulted, a volunteer CA Certified Rape Crisis Advocate will meet the survivor at the hospital, police station, or court.

Counseling - Short-term counseling offered to individuals, couples, families, and groups at the VTCC offices or clients homes.

PHONE & FAX NUMBER(S): **24-Hour Hotline: (818) 886-0453 / (661) 253-0258**
Santa Clarita:
Phone: (661) 702-0000
Fax: (661) 702-1343
Northridge:
Phone: (818) 772-9981
Fax: (818) 772-9982
Van Nuys:
Phone: (818) 756-5330
Fax: (818) 756-5443

WEBSITE: www.valleytraumacounselingcenter.org

FEE FOR SERVICES: N/A

HOURS OF OPERATION: Call for appointment

CONTACT PERSONS: Jen Grays, Director of Programs (Van Nuys)

LANGUAGES SPOKEN: Various languages offered when available