

Section 6:

MENTAL HEALTH SERVICES

“211” (formerly known as INFO LINE OF LOS ANGELES)

AIDS Service Center (ASC)

Child & Family Center

Eating Disorders - On-line Resources

Emergency and Year-Round Shelters

Foundation for Children’s Dental Health

Foundation for Children’s Dental Health (Free and Low-Cost Resources)

Goodman Therapy

Healthy Families

Los Angeles County Helps - Health Services

Los Angeles County Department of Children and Family Services, Youth Development Services Division, Independent Living Program

Los Angeles Homeless Services Authority (LAHSA)

Mental Health Issues - On-line Resources

Neighborhood Legal Services (NLS) of Los Angeles County:

The Kinds of Legal Problems We Handle:

- Government Benefits
- Housing/Consumer
- Health Care
- Self-Help Centers (provides legal information, not legal advice, for divorces, parental rights, child and custody visitations, and response to divorce or paternity)
- Workers’ Rights Self-Help Centers (employment and bankruptcy matters only)
- Employment
- Family Law

Northeast Valley Health Corporation - Health Center

Samuel Dixon Family Health Centers, Inc.

Santa Clarita Medical and Mental Health Services

SCV Pregnancy Center

Suicide - Hotlines and On-Line Resources

Valley Community Clinic

AGENCY NAME: "211" (formerly known as INFO LINE OF LOS ANGELES)

SERVICES: INFO LINE'S trained specialists are on duty around-the-clock to provide information and referral to community agencies that can help with: family problems, emergency shelter, health services, disability, child care, substance abuse, money management, counseling, family planning, consumer assistance, welfare, emergency food, legal referrals, youth programs, senior services, education, rehabilitation, transportation, mental health, and many more.

AGE GROUP SERVED: All

PHONE & FAX NUMBER(S) Toll Free from: Los Angeles, West Los Angeles, Airport, South Bay, Long Beach, San Gabriel Valley
(800) 339-6993

WEBSITE: N/A

FEE FOR SERVICE: Free or fees vary according to service

HOURS OF OPERATION: 24 hours a day/7 days a week

CONTACT PERSON(S): N/A

LANGUAGES SPOKEN: English and Spanish

**For non-emergency situations, we suggest you call before 8:30 a.m. or after 4:30 p.m. for faster service.

AGENCY NAME: AIDS SERVICE CENTER (ASC)

MISSION STATEMENT: ASC, the second largest AIDS service provider in Los Angeles County, develops and delivers comprehensive and innovative services, and advocacy for individuals and families impacted by, and at risk for, HIV/AIDS.

SERVICES: ASC provides outreach and education case management, housing, mental health services, food pantry, home health, and other benefits.

AGE GROUP SERVED: All

PHONE & FAX NUMBERS: Phone: (626) 441-8495
Fax: (626) 441-5003

WEBSITE: www.aidservicecenter.org

FEE FOR SERVICES: Free

HOURS OF OPERATION: Monday – Thursday 8:00 a.m. – 5:00 p.m.
Friday 8:00 a.m. – 4:30 p.m.

CONTACT PERSON: Karen Tinsley

LANGUAGES: English and Spanish

AGENCY NAME: CHILD & FAMILY CENTER

MISSION STATEMENT: The Child & Family Center builds healthy communities by providing mental health and behavioral services to children, adults, and families.

SERVICES: Mental Health treatment services for children, teens, young adults, parents, and families; school-based mental health treatment services; substance abuse treatment services for teens; and preschool/childcare services for those who are working, but have very limited incomes and a need for such services.

AGE GROUP SERVED: Primarily birth to 25 years old, but some adults, as well.

PHONE AND FAX NUMBER(S): Phone: (661) 259-9439
Fax: (661) 222-7709
21545 Centre Pointe Parkway
Santa Clarita, CA 91350

WEBSITE: www.childfamilycenter.org

FEE FOR SERVICES: Sliding scale, based on ability to pay. However, most clients qualify for Medi-Cal and other government-funded services.

HOURS OF OPERATION: 8:00 a.m. - 8:00 p.m.

CONTACT PERSON(S): Case Manager on duty

LANGUAGES SPOKEN: English and Spanish

EATING DISORDERS - ON-LINE RESOURCES

College of the Canyons

www.canyons.edu/offices/health/nutritioncoach

<http://www.canyons.edu/offices/Health/NutritionCoach/Resources/groups.asp>

This web site was created to help prevent nutrition-related health problems (including eating disorders, disordered eating, overweight/obesity, size prejudice, and poor nutrient intake), which threaten students' academic and developmental success.

On this website, you will get accurate, up-to-date information about food, nutrition, and fitness, and learn how to deal with the unique challenges that students face to eating well, being active, and feeling good about their bodies in college.

Joint Advocates on Disorders Eating (JADE)

CSUN's Joint Advocates on Disordered Eating (JADE) project offers presentations to campus classes, clubs, organizations, and the community to increase awareness about eating disorders. A new feature added to JADE is an online screening for eating disorders. The on-line screening for eating disorders is a free and anonymous screening that will help you find out (in a few minutes) if you have an eating disorder, whether or not professional consultation would be helpful, and link you to sites that provide further information.

To schedule a presentation or make an appointment, call (818) 677-7500, or jade@csun.edu.

For more information on JADE, and on-line screening for eating disorders, go to www.csun.edu (go to the top of the screen, click on "CSUN A to Z", click on the letter "J", click on JADE).

National Association of Anorexia Nervosa and Bulimia Associated Disorders

www.anad.org

(630) 577-1330

National Eating Disorder Association

www.nationaleatingdisorders.org

(800) 931-2237

4Therapy.com

National database of thousands of mental health professionals, including psychiatrists, psychologists, social workers, marriage and family therapists, and pastoral counselors.

EMERGENCY AND YEAR-ROUND SHELTERS

Los Angeles Family Housing

7843 Lankershim Boulevard

No. Hollywood, CA 91605

Phone: (818) 982-4091

Fax: (818) 982-3895

Office Hours: 8:30 a.m. – 5:00 p.m.

Shelter Hours: Call Office

Website: www.lafh.org

Los Angeles Mission

303 E. 5th Street

Los Angeles, CA 90013

Phone: (213) 629-1227

Office Hours: 6:00 a.m. – 8:00 p.m.

Shelter Hours: 6:30 p.m. – 5:00 a.m.

Website: www.lamission.com

San Fernando Valley Rescue Mission

13422 Saticoy Street

No. Hollywood, CA 91605

Phone: (818) 785-4476

Office Hours: 8:00 a.m. – 4:30 p.m.

Shelter Hours: 3:30 p.m. – 8:30 a.m.

Website: www.sanfernandovalleyrescuemission.org

Union Rescue Mission

545 S. San Pedro Street

Los Angeles, CA 90013

Phone: (213) 347-6300

Office Hours: 8:00 a.m. – 5:00 p.m.

Shelter Hours: 8:00 a.m. – 5:00 p.m.

Website: www.unionrescuemission.org

AGENCY NAME: FOUNDATION FOR CHILDREN'S DENTAL HEALTH
(2 pages)

MISSION STATEMENT: To provide dental services to the underserved and unserved school children in the Santa Clarita Valley, who would not otherwise have these services available to them.

SERVICES: **Free Dental Clinic** hosted by the Foundation once or twice a year for low-income children, ages 4-17 years old. Basic dental care (i.e., x-rays, cleanings, fluoride, fillings, crowns, extractions and pulpotomies (baby tooth root canals)) are provided to children who have been pre-identified through Foundation-sponsored screenings or referred by a local school. Local dentists team up with the Foundation to provide this valuable service.

Free Dental Screenings performed by volunteer dentists at local elementary schools. The purpose is to identify children in need and provide parents with information about their child's dental health.

Emergency Dental Treatment provided through local dentists who donate their services. Treatment provided is to ease pain and stabilize their condition.

Oral hygiene education provided for all children at schools, social service agencies and parents. The purpose of this program is to educate children *and their parents* on the importance of good oral hygiene habits. Topics include oral hygiene, nutrition, first time visit to the dentist, and baby bottle tooth decay (for parent presentation). Every participant receives a toothbrush, toothpaste and dental floss to reinforce and encourage good oral hygiene.

AGE GROUP SERVED: 4-17 years old

PHONE & FAX NUMBERS: Phone: (661) 254-1600
Fax: (661) 254-1603

**FOUNDATION FOR CHILDREN'S DENTAL HEALTH
(cont'd)**

WEBSITE: www.1smileatatime.org

FEE FOR SERVICES: Free

HOURS OF OPERATION: Monday – Friday 8:30 a.m. – 2:30 p.m.
Call for dates and location of dental clinics.

CONTACT PERSON: Ericka Watson

LANGUAGES: English and Spanish

FOUNDATION FOR CHILDREN'S DENTAL HEALTH – RESOURCES
(Free and Low-Cost Dental Services in Los Angeles County)

Kids Community Clinic of Burbank

321 E. Magnolia Boulevard, Burbank, CA 91502
Phone: (818) 841-8010

Mid-Valley Dental Clinic (only performs extractions for adults 18 years and older)

7515 Van Nuys Boulevard, Van Nuys, CA 91411
Phone: (818) 947-4028

Northeast Valley Health Corporation

1600 San Fernando Road, San Fernando, CA 91340
Phone: (818) 365-8086
Fax: (661) 251-2420

Full range dental services, except braces. If minor, bring parent or guardian and proof of income and address. Must call for appointment. Waiting period.

UCLA University of Southern California Los Angeles

School of Dentistry
10833 Le Conte, Los Angeles, CA 90095
Phone: (310) 825-7354 – Adults
(310) 825-5619 – Children under 12 years old

Full range of dental services done by students that are supervised by faculty. Medi-Cal accepted. Please call for more information and to schedule an appointment.

USC University of Southern California

School of Dentistry
925 W. 34th Street, Los Angeles, CA 90089
Phone: (213) 740-2880

Full range dental services, from cleanings to braces. Care is provided by student dentists supervised by faculty from the USC School of Dentistry. Low fees, Medi-Cal accepted. Initial exam and x-rays \$80. No appointment needed for the first visit. Call for clinic hours. If minor, bring parent or guardian.

Pasadena City College Dental Clinic

1570 E. Colorado Boulevard, Pasadena, CA 91106
Phone: (626) 585-7123

AGENCY NAME: GOODMAN THERAPY

MISSION STATEMENT: To improve the mental health of families of Santa Clarita.

SERVICES: Individual, couples, family, and group therapy.

AGE GROUP SERVED: 5 and up

PHONE & FAX NUMBER(S): (661) 932-8200

WEBSITE: www.goodmantherapy.com

FEE FOR SERVICES: Sliding scale

HOURS OF OPERATION: 7 days per week, by appointment only

CONTACT PERSON(S): Donald Goodman, LCSW

LANGUAGES SPOKEN: English

AGENCY NAME: HEALTHY FAMILIES (2 pages)

MISSION STATEMENT: A healthier tomorrow starts today.

- SERVICES:**
- Who may qualify?**
- Children living in California, ages 0 – 18, up to their 19th birthday.
 - Children without Employer health insurance in the last three months.
 - Children living in California
 - Children who are not eligible for or are not enrolled in no-cost Medi-Cal.
 - Children who meet citizenship or immigration requirements.
 - Children born to mothers enrolled in the Access for Infants and Mothers (AIM) Program, who are not enrolled in no-cost full scope Medi-Cal Program or employer-sponsored health insurance programs.
 - Children in families with incomes that fall within the Healthy Families Guidelines.

Federal Income Guidelines for joining Healthy Families
 Income guidelines for joining Healthy Families and no-cost Medi-Cal 2008-09.

(Guidelines change in April each year.)

Family Size	Child Age Birth-1 or Pregnant Woman Medi-Cal	Child Age Birth- 1 Healthy Families	Child Age 1- 5 Medi-Cal	Child Age 1-5 Healthy Families	Child Age 6- 18 Medi-Cal	Child Age 6-18 Healthy Families
1	\$0 - \$1,805	\$1,806 - \$ 2,257	\$0 - \$1,201	\$1,202 - \$2,257	\$0 - \$903	\$904 - \$2,257
2	\$0 - \$2,429	\$2,430 - \$3,036	\$0 - \$1,615	\$1,616 - \$3,036	\$0 - \$1,215	\$1,216 - \$3,036
3	\$0 - \$3,052	\$3,053 - \$3,815	\$0 - \$2,030	\$2,031 - \$3,815	\$0 - \$1,526	\$1,527 - \$3,815
4	\$0 - \$3,675	\$3,676 - \$4,594	\$0 - \$2,444	\$2,445 - \$4,594	\$0 - \$1,838	\$1,839 - \$4,594
5	\$0 - \$4,299	\$4,300 - \$5,373	\$0 - \$2,859	\$2,860 - \$5,373	\$0 - \$2,150	\$2,151 - \$5,373
6	\$0 - \$4,922	\$4,923 - \$6,153	\$0 - \$3,273	\$3,274 - \$6,153	\$0 - \$2,461	\$2,462 - \$6,153
7	\$0 - \$5,545	\$5,546 - \$6,932	\$0 - \$3,688	\$3,689 - \$6,932	\$0 - \$2,773	\$2,774 - \$6,932
8	\$0 - \$6,169	\$6,170 - \$7,711	\$0 - \$4,102	\$4,103 - \$7,711	\$0 - \$3,085	\$3,086 - \$7,711
9	\$0 - \$6,792	\$6,793 - \$8,490	\$0 - \$4,517	\$4,518 - \$8,490	\$0 - \$3,396	\$3,397 - \$8,490
10	\$0 - \$7,415	\$7,416 - \$9,269	\$0 - \$4,931	\$4,932 - \$9,269	\$0 - \$3,708	\$3,709 - \$9,269
Add the following dollar amount for each additional family member:						
	\$624	\$625 - \$780	\$415	\$416 - \$780	\$312	\$313 - \$780

HEALTHY FAMILIES (cont'd)

Who can apply?

Parents, legal guardians, step-parents, foster parents or caretaker relatives may apply for Healthy Families coverage for children living in their home. Only the parent's income of children applying for coverage will be considered. If you are a legal guardian, stepparent, foster parent or caretaker relative who lives with a child, your income will not be used to determine eligibility of the child for Healthy Families.

If you are 18 and under 19 years of age, you may apply for your own insurance if you meet The Healthy Families Program's income requirements.

If you complete and submit the below Pre-Qualification Assessment, a Certified Application Assistant (CAA) will contact you at a time that is convenient for you during regular business hours (Monday - Friday, 8:00 a.m. - 6:00 p.m.). You will be contacted within the next business day after your completed online Pre-Qualification Assessment is submitted. At this time, you may ask the CAA for clarification on questions you may still have regarding The Healthy Families Program.

AGE GROUP SERVED:	Birth to 19 years old
PHONE & FAX NUMBER(S):	(661) 286-4006 ext. 5053
WEBSITE:	N/A
FEE FOR SERVICES:	Free application process at the Newhall Community Center
HOURS OF OPERATION:	Monday – Friday: 2:30 p.m. – 8:00 p.m. Saturday: 11:00 a.m. – 5:00 p.m. Summer Hours: Call for appointment
CONTACT PERSON(S):	Yolanda Calderon (for assistance with the application process)
LANGUAGES SPOKEN:	English and Spanish

LOS ANGELES COUNTY HELPS - HEALTH SERVICES

Name	Phone Number	Website
Medi-Cal	(800) 786-4346	www.medi-cal.ca.gov
Medicare	(800) Medicare *Ten-minute wait	www.medicare.gov
Medicare Savings Programs	(800) Medicare	www.medicare.gov
Healthy Families	(661) 286-4006	
Healthy Kids	LA Care: (888) 452-5437 First 5LA: (888) 347-7855	
Child Health and Disability Prevention	(800) 993-2437	www.dhs.ca.gov/chdp
Los Angeles County Alcohol and Drug Program (Assessment Center)	(800) 564-6600	www.lacounty.gov
County Health Clinics	(800) 427-8700	www.ladhs.org

AGENCY NAME: LOS ANGELES COUNTY DEPARTMENT OF CHILDREN AND FAMILY SERVICES, YOUTH DEVELOPMENT SERVICES DIVISION, INDEPENDENT LIVING PROGRAM

MISSION STATEMENT: To provide comprehensive services and resources to assist Transition Age Youth (TAY) successfully from dependency to self sufficiency.

SERVICES: Core services include education, career development, assistance/referral to promote health (including mental health) and safety skills, referrals to mentors and mentoring programs, daily living skills, financial resources, and housing.

AGE GROUP SERVED: 14-20 years old (current and former foster/probation youth)

PHONE & FAX NUMBER(S): Phone: (661) 702-6281
Fax: (661) 775-8492 or (877) MYILP411

WEBSITE: www.ilponline.org or lopeza@dcfs.lacounty.gov

FEE FOR SERVICES: Free to foster youth eligible to receive services from the Independent Living Program

HOURS OF OPERATION: Monday-Friday, 8:00 a.m.-5:00 p.m.

CONTACT PERSON(S): Amalia Lopez, Transition Coordinator

LANGUAGES SPOKEN: English and Spanish

LOS ANGELES HOMELESS SERVICES AUTHORITY (LAHSA)

Address: 453 S. Spring Street, 12th Floor
Los Angeles, CA 90013

Phone & Fax Number(s) Phone: (213) 683-3333
Fax: (213) 892-0093
TTY: (213) 553-8438 (for the hearing impaired)
www.lahsa.org

LAHSA Hotline: (213) 225-6571, Monday-Friday, 8:00 a.m.-5:00 p.m.

LAHSA provides funding and guidance to a large network of non-profit agencies throughout Los Angeles County, to providing assistance to homeless individuals and families, as they move from homelessness to stable housing and self-sufficiency. The agencies also provide shelter, housing, case management, counseling, advocacy, substance abuse programs, job training, and other specialized services.

Year Round Emergency Shelter Program

- Provided daily after 5:00 p.m.
- Shelter Hotline: (800) 548-6047
- TDD: (800) 660-4026

Populations Served

- Chronically Homeless Person
- Individuals with Disabilities
- Individuals with Multiple Diagnoses
- Dually Diagnosed Individuals
- Substance Abuse Individuals
- Mentally Ill Individuals and Families
- Domestic Violence Individuals and Families
- Parolees
- Emancipated Foster Youth
- Youth (18-24 years old)
- Runaway Youth (12-17 years old)

Priority Populations Served

- Individuals, including veterans and the elderly
- Families with general needs

MENTAL HEALTH ISSUES - ON-LINE RESOURCES

Name	Website
American Academy of Child and Adolescent Psychiatry	www.aacap.org
Mental Health Association in California	www.mhac.org
National Institute of Mental Health	www.nimh.nih.gov or call (800) 421-4211 for information
National Association of Anorexia Nervosa and Associated Eating Disorders	www.anad.org
National Eating Disorder Association	www.nationaleatingdisorders.org

NEIGHBORHOOD LEGAL SERVICES – LOS ANGELES COUNTY (3 pages)

Who We Can Help

We provide free legal services to low-income residents of the San Fernando, Antelope, San Gabriel, Santa Clarita, and Pomona Valleys, and the cities of Glendale, Pasadena, and Burbank.

The Kinds of legal Problems We Handle

- **Community Development** – Starting nonprofit corporations, access to banking, financial literacy education.
- **Consumer** – Homeowner fraud and foreclosures; auto financing/repossession scams; debt relief; identity theft; vocational school fraud; wage garnishments; retail sales contracts and warranties.
- **Employment** – Wage claims, unemployment insurance, and criminal records clean up.
- **Family Law** – Family law issues for victims of domestic violence; restraining orders.
- **Government Benefits** – CalWORKs (AFDC/welfare); GAIN; Job Training; childcare; food stamps; general relief; In-Home Support Services; SSI; social security; state disability; unemployment insurance.
- **Health Care** – Access to quality medical care; Medi-Cal and related programs; HMO and Medi-Cal grievances; community health education. HOTLINE NUMBER (800) 896-3203.
- **Housing** – Evictions, landlord repairs; rent control; relocation benefits; government-assisted housing; homeowner issues.
- **Immigration** – Citizenship; adjustment of status; family petitions; Violence Against Women Act cases; victims of trafficking.
- **Community Legal Education** – Legal rights materials and presentations available in all of the above areas.

PLEASE CALL THE NLS HOTLINE (800) 433-6251 / TDD: (818) 834-7575, FOR HELP WITH:

Government Benefits: Tuesdays and Thursdays, 9:15 a.m. – 11:45 a.m.

Housing/Consumer: Mondays, Tuesdays, Thursdays, and Fridays, 9:15 a.m.–11:45 a.m.

Call the Health Consumer Center, A Project of Neighborhood Legal Services with:

Health care issues at (800) 896-3203, Mondays and Thursdays, 9:00 a.m. – 11:45 a.m.

NEIGHBORHOOD LEGAL SERVICES – LOS ANGELES COUNTY (cont'd)

Domestic Violence Courthouse Clinics

Burbank: 300 E. Olive Avenue, Monday, Wednesday, and Friday, 8:30 a.m.-12:00 p.m.
Van Nuys: 6230 Sylmar Avenue, Monday-Friday, 8:30 a.m.-12:00 p.m.
San Fernando: 900 Third Street, Monday-Friday, 8:30 a.m.-12:00 p.m.
Lancaster: 42011 4th Street West, 3rd Floor, Monday and Friday, 8:30 a.m.-12:00 p.m.

Self-Help Centers (provides legal information, not legal advice, for divorces, parental rights, child and custody visitations, and response to divorce or paternity)

Van Nuys Self-Help Legal Access Center

Los Angeles Superior Court – Van Nuys Courthouse
Room A-100, First Floor, 6230 Sylmar Avenue, Van Nuys, CA 91401
Monday-Friday, 8:30 a.m. – Family Law Matters
Monday-Friday, 1:30 p.m. – Housing and Other Civil Matters
(closed Friday afternoons)

Pomona Self-Help Legal Access Center

Los Angeles Superior Court – Pomona Courthouse
400 Civic Center Plaza, 7th Floor, Pomona, CA
Monday-Friday, 8:30 a.m. – Family Law Matters
Monday-Friday, 1:30 p.m. – Housing, Family, and Other Civil Matters
(closed Friday afternoons)

Antelope Valley Self-Help Legal Access Center

Los Angeles Superior Court – Antelope Valley Courthouse
42011 4th Street West, 3rd Floor, Room 3700, Lancaster, CA 93534
Tuesday-Friday, 8:30 a.m.-4:30 p.m. – Family Law Matters
Tuesday-Friday, 1:30 p.m. – Housing Law
(closed Friday afternoons)

San Fernando Self-Help Legal Access Center

Los Angeles Superior Court – San Fernando Courthouse
900 Third Street, San Fernando, CA 91340 (In the Cafeteria)
Monday-Friday, 8:30 a.m.-4:30 p.m. – Family Law Matters
Monday-Friday, 1:30 p.m. – Housing Law
(closed Friday afternoons)

NEIGHBORHOOD LEGAL SERVICES – LOS ANGELES COUNTY (cont'd)

Workers' Rights Self-Help Centers

(Employment matters only)

Can't get an employer to pay your wages; not being paid for overtime hours; denied unemployment benefits; want to clean up your criminal record?

Pacoima Workers' Rights Center
13327 Van Nuys Boulevard, Pacoima, CA 91331
Saturdays, 9:00 a.m.

Glendale Workers' Rights Center
1104 E. Chevy Chase Drive, Glendale, CA 91205
First and Third Tuesday of the Month, 5:00 p.m.

El Monte Workers' Rights Center
9354 Telstar Avenue, El Monte, CA 91731
Wednesdays, 5:00 p.m.

(Bankruptcy matters only)

San Fernando Bankruptcy Court
The Clerk's Office
21041 Burbank Boulevard, Woodland Hills, CA 91367
Self-Help Desk Hours:
Mondays and Thursdays, 9:00 a.m. – 4:00 p.m. (except court holidays)

Note: The self-help desk will provide you with free legal information and access to reference materials.

AGENCY NAME: **NORTHEAST VALLEY HEALTH CORPORATION - HEALTH CENTER**

MISSION STATEMENT: The mission of Northeast Valley Health Corporation is to provide a comprehensive, high-quality and safe health services to the residents of Los Angeles County, particularly in the San Fernando and Santa Clarita Valleys with special concern for medically underserved and low-income populations.

SERVICES: **Health Care Needs:** Chronic disease care (asthma, diabetes, hypertension), health education and nutrition counseling, HIV testing and counseling, immunizations, laboratory and x-ray, mental health and social services, and pediatrics (sick and well-child exams).

Women's Health Services: Prenatal and postnatal care, breast and cervical cancer screening, family planning and STD screening, gynecology, prenatal ultrasound, WIC Program.

Walk-In Services: Express childhood immunizations (call for hours), pregnancy testing, sick-child care.

AGE GROUP SERVED: Pediatrics and adults

PHONE & FAX NUMBER(S):

Canyon Country: (661) 673-8800
(661) 705-2040 (for appointments)

Valencia: (661) 287-1551
(661) 705-2040 (for appointments)

WEBSITE: www.nevhc.org

FEE FOR SERVICES: Low or no-cost, Medi-Cal, and Health Families

HOURS OF OPERATION:

Monday and Tuesday	8:00 a.m. – 9:00 p.m.
Wednesday	9:00 a.m. – 9:00 p.m.
Thursday - Saturday	8:00 a.m. – 5:00 p.m.

CONTACT PERSON(S): Hector Godoy, Clinic Administrator
Phone: (661) 287-1551, ext. 50301
Cell: (818) 669-8089
E-mail: hectorgodoy@nevhc.org

LANGUAGES SPOKEN: English and Spanish

AGENCY NAME: SAMUEL DIXON FAMILY HEALTH CENTERS, INC.
(2 pages)

MISSION STATEMENT: Our philosophy is to empower patients to manage their health and health care. We follow the self-management patient care model in which patients take a central role in managing their health. Our health care programs include assessment, goal-setting, action planning, problem-solving and follow-up in order to ensure patients stay healthy. Our health care providers are there through the whole process, offering guidance and support to help patients reach their goals.

SERVICES: Minor illness and injury, diabetes management, physical exams, family medicine, women’s health, prenatal and well baby care, immunizations, and health education. Quarterly diabetes screenings and an annual breast cancer screenings are also offered.

AGE GROUP SERVED: Pediatrics and adults

PHONE & FAX NUMBER(S): Canyon Country
Phone: (661) 424-1220

Val Verde
Phone: (661) 257-4008

Newhall
Phone: (661) 291-1777

WEBSITE: www.sdfhc.org

FEE FOR SERVICES: Healthy Families, Medi-Cal, Medicare, sliding scale

HOURS OF OPERATION: Canyon Country
Monday - Saturday, with evening hours on Wednesdays
10:30 a.m. - 7:00 p.m.

Val Verde
Monday - Saturday, with evening hours on Wednesdays
10:30 a.m. - 7:00 p.m.

Newhall
Monday and Wednesday 8:00 a.m. - 4:30 p.m.
Thursday 10:30 a.m. - 7:00 p.m.
Friday 7:30 a.m. - 4:00 p.m.

SAMUEL DIXON FAMILY HEALTH CENTERS (cont'd)

CONTACT PERSON(S):

Corporate Offices:

Cheryl Laymon, Executive Director (661) 257-2339

Patti Moody, Executive Assistant

Canyon Country Health Center - Silvia Sanchez

Newhall Health Center - Betty Rivas

Val Verde Health Center - Nora Rodriguez

LANGUAGES SPOKEN:

English and Spanish

AGENCY NAME: SANTA CLARITA MEDICAL AND MENTAL HEALTH SERVICES

MISSION STATEMENT: To provide health, as well as mental health services, to under-served, low-income, and under-insured communities on a cost-effective and high quality basis.

SERVICES: Medical services include: physical exams, pregnancy tests, birth control, anemia screening and treatment, pap smears and other gynecological treatments, tuberculosis (TB) tests, AIDS-HIV blood tests, STD tests, diabetes and cholesterol check-ups, and treatment for a variety of medical conditions.

AGE GROUP SERVED: 14 years old and older

PHONE & FAX NUMBER(S): Phone: (661) 288-2644
Fax: (661) 288- 2669

WEBSITE: www.americanhealthservices.org

FEE FOR SERVICES: Free to those who qualify. Medi-Cal is also accepted

HOURS OF OPERATION: Monday-Friday, 6:00 a.m.-1:00 p.m.

CONTACT PERSON(S): Victoria Temple or Sandra Rodriguez

LANGUAGES SPOKEN: English- and Spanish-speaking appointments available on Tuesdays and Wednesdays only

AGENCY NAME:

SCV PREGNANCY CENTER

MISSION STATEMENT:

The SCV Pregnancy Center exists to empower men and women regarding pregnancy related decisions through information, education and practical assistance.

SERVICES:

Free pregnancy testing; limited ultrasound; personalized options assessments; classes for fist time moms include fetal development, labor and delivery information, early infant care, guest speakers and practical Life Skills including budgeting and many other relevant topics; Parenting Classes; Support groups for Teen Moms, Parents of Pregnant Teens and Post Abortion Care; Community referrals and additional support services available.

AGE GROUP SERVED:

All

PHONE & FAX NUMBER(S):

Client Services: (661) 255-0082
Administration: (661) 255-0084
Fax: (661) 255-0083

WEBSITE:

www.scvpc.org

FEE FOR SERVICES:

Free

HOURS OF OPERATION:

Monday - Friday, 9:00 a.m.-5:00 p.m.

CONTACT PERSON(S):

Angela Bennett, CEO

LANGUAGES SPOKEN:

English and some Spanish

SUICIDE - HOTLINES AND ON-LINE RESOURCES (2 pages)

Name	Phone Number	Website
<p>Child & Family Center</p>	<p>(661) 259-9439 (661) 255-6847</p> <p>Santa Clarita-based center offers immediate help to those under age 18 years old contemplating suicide or homicide. Crisis team on call 9:00 a.m.-5:00 p.m.</p>	<p>www.childfamilycenter.org</p>
<p>National Suicide Prevention Hotline</p>	<p>(800) SUICIDE (800) 784-2433</p> <p>24-hour, nationwide hotline; calls are connected to a certified crisis center nearest the caller's location.</p>	<p>www.hopeline.com</p>
<p>Suicide Prevention Center (Didi Hirsch Community Mental Health Center)</p>	<p>Toll-free in LA: (877) 7-CRISIS</p> <p>24-hour, L.A.-based suicide prevention crisis line, operating with over 100 volunteers trained by professionals specializing in suicide prevention.</p>	<p>www.suicidepreventioncenter.org</p>
<p>Teen Line</p>	<p>Toll free: (800) TLC-TEEN (800) 852-8336</p> <p>L.A. area: (310) 855-HOPE (310) 855-4673</p> <p>Teen listeners staff lines from 6:00 - 10:00 p.m. (PST) under supervision of professional counselors. They do not offer therapy, advice, or ongoing relationships.</p>	<p>www.teenlineonline.org</p>
<p>TREVOR Helpline for Gay Youth</p>	<p>(866) 4U-TREVOR (800) 850-8078</p> <p>24-hour, toll-free national suicide prevention hotline aimed at gay or questioning youth. All calls are handled by trained counselors, and are free and confidential.</p>	<p>www.thetrevorproject.org</p>

SUICIDE - HOTLINES AND ON-LINE RESOURCES (cont'd)

Name	Website
American Association of Suicidology	www.suicidology.org
Kids Health	www.kidshealth.org
National Center for Injury Prevention and Control (Centers for Disease Control and Prevention)	www.cdc.gov/ncipc
National Institute of Mental Health	www.nimh.nih.gov or call (800) 421-4211 for information
National Organization for People of Color Against Suicide	www.nopcas.com
National Strategy for Suicide Prevention	www.mentalhealth.org/suicideprevention
Suicide Crisis Center	www.suicidal.com
Suicide Prevention Resource Center	www.sprc.org
The Surgeon General's Call To Action To Prevent Suicide	www.surgeongeneral.gov/library/calls

AGENCY NAME:

VALLEY COMMUNITY CLINIC

MISSION STATEMENT:

The mission of the Valley Community Clinic is to enhance the well-being of the community by providing high quality, culturally sensitive primary medical care and related healthcare services to those in need, regardless of their ability to pay.

We achieve our mission by providing a comprehensive array of services that includes primary and some specialty care, dental, optometry, pediatrics, women's health, counseling and health education with an emphasis on prevention.

SERVICES:

Women's health, mammograms/PAP smears, exercise counseling, family planning, nutrition, health education, community outreach, sexually-transmitted disease testing/prevention/treatment, Healthy Families/Medi-Cal enrollment.

AGE GROUP SERVED:

19 and older

PHONE & FAX NUMBER(S):

(818) 763-8836
6801 Coldwater Canyon Avenue
No. Hollywood, CA 91605

WEBSITE:

www.valleycommunityclinic.org

FEE FOR SERVICES:

Sliding scale (free and low-cost medical care and health services to uninsured and underinsured individuals and families)

HOURS OF OPERATION:

Monday-Friday, 9:00 a.m. - 5:00 p.m.

CONTACT PERSON(S):

N/A

LANGUAGES SPOKEN:

English and Spanish